

LATEST FADS AND FANCIES FOR WOMEN



CUCUMBER COLD CREAM CURES SUNBURN AND TAN

BY MISS MANHATTAN.
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Of all the women who spend the summer months in the mountains, by the sea or in the country there is probably not one who isn't anxious to keep her complexion in good condition. Her difficulty in this line is in reconciling personal interest with fashion, for fashion neither approves the avoidance of those summer pastimes popularly supposed to be ruinous to fair skins nor the devotion of too much time and care to the preservation of the complexion. To be popular a summer girl must be ready for any sport in progress, no matter if the glare of the sun and its reflection on the water will make the texture of her skin leathery and its hue a brilliant red. If she is properly equipped for the season she will have at hand everything necessary for the treatment of her complexion at home. She will know how to make sunburn, tan and freckles disappear as if by magic.

Modern woman has acquired some of the wisdom of her ancestors, who swathed their faces in linen masks and veils against the rays of the summer sun, and she has profited by the experience of the summer young woman of a few seasons ago, who went about with a reckless disregard of the effect of sun and wind on her complexion. The wise woman has her full measure of pleasure, but she applies that little ounce of prevention which is worth a whole pound of cure when the summer season is over.

A few simple precautions are recommended to keep the skin beautiful, and among these the common cucumber plays a significant part. The cosmetic value hidden under the crisp green skin of an ordinary garden cucumber surprises those who have had no experience with creams and lotions, in which it figures as an important ingredient. Many of these complexion creams can be bought in town, but if one is going to the country, where vegetables are profuse and of the best quality, it is advisable to take along a recipe, so that one can make pastes and lotions when needed.

Sunburn especially requires the most liberal use of cold cream. It should be dabbed on the face immediately upon



APPLYING IT TO THE FACE

BEATING UP THE COMPLEXION CREAM

SAVE THE SKIN FOR THERE IS LITTLE POWER IN THEM

returning from a walk or boat-ride, when the skin is heated, and before the sunburn has a chance to harden and toughen its texture. After a cleansing with cucumber cream, to get the dust out of the pores, a second application may be given, or the face may be rubbed with a cucumber lotion.

It is a distinct advantage to know how to prepare cosmetics for one's self, for then one is perfectly sure of the freshness and harmlessness of the preparations. The following cucumber cream is recommended by a devotee of its cult.

A double boiler such as is used for cooking rice or cereals perfectly new and clean and not too large. Into this pour half a cup of sweet almond oil. Be sure to have the outer section of the boiler sufficiently filled with water to prevent the least scorching or burning of the mixture. Put this over the fire, and while it is slowly coming to a boil, or rather, to the boiling point, get ready the cucumbers and other ingredients. Three cucumbers of good size and that are firm and with small seeds are the best. It is advisable to peel them, but to preserve the skins for use in the mixture. When the skins have been removed take two of the cucumbers together end to end and rub them vigorously until you see a white foam beginning to form. This is said to be the poisonous part of the vegetable, and should by no means be allowed to remain and be added to a delicate complexion preparation. When the foaming ceases cleanse the cucumbers and cut them into small squares, and if the boiler is set on the back part of the stove and left to simmer for five or six hours. This process extracts all the beneficial qualities of the cucumber and at the same time mixes them thoroughly with the warm oil. While hot strain

she affirms that its good color and condition are due to the practice she has of spending a few days together at a time away from her friends and devoting her three meals a day to the moderate consumption of these highly valued garden products. She does a great deal of traveling, and invariably she makes it a rule to eat onions on the train when she is alone and not apt to offend with the characteristic odor they leave on the breath.

Besides certain foods that are beneficial for the complexion, there is a much simpler road to bright eyes and rosy cheeks. This is the fresh-air treatment, and the girl who neglects this part of the beauty quest is going to fall altogether. Plenty of soft sunshine and fresh air will in no way impair the most delicate skin if it is protected from direct burning rays. A texture of the woman whose skin is of the feature of a baby's, but the one with a less delicate skin can brave wind and sunburn and keep the complexion good. Women have reached such a sensible point in their ideas now that there are few indeed who are foolish enough to swathe their faces in veils and burden themselves with sunshades, except when such are absolutely demanded.

After coming in from a sail, a stiff game of tennis in the hot sun or any exposure to wind and heat, it is best to bathe the face with a soothing lotion first and then put the cucumber cold cream on at night. Bathe the skin well with warm water and soap, rinse it thoroughly and dry with soft linen, so as not to irritate the skin. Apply the following lotion, a little at a time, until the skin becomes accustomed to the treatment.

- One part pulverized borax.
- One part lemon juice.
- One part juice of cucumbers.
- One pint rose water.

Some skins become dry and drawn from even slight exposure to the sun, and for such as these the above lotion is excellent to rub on during the daytime. If these simple remedies are resorted to and moderate care is taken there is no reason why a woman should not get through the hottest summer with all the outdoor pleasure she wants and at the end of the season be in the finest trim for winter duties and pleasures.

Grandmother's jewel box cannot be rifled this year for its treasure of gold beads, for those were taken long ago to adorn the favorite grandchild's pretty white throat. This same grandchild can, however, bring forth the heirloom from its resting place and in which she has kept it for the past few years and count it among her most fashionable trinkets. Gold beads look very pretty worn above the low collar of a summer blouse. They are confined to day wear at present while longer chains of rare stone are liked for evening.

Coral necklaces as well as those of turquoise beads have come in with the reappearance of gold ones, and when becoming either of these is a very effective ornament. One of the prettiest long chains I have seen was purchased at the World's Fair. The fine gold links are interspersed with oblong bits of cut aqua marines and swung on the end of the chain is a large, low-cut diamond. The same stones only smaller, and in the center rests a single diamond. Lots of fancy and inexpensive jewelry is being bought in St. Louis, Italian and French

RUB THE ENDS TOGETHER UNTIL A PINK APPEARS

Summer Gloves

Those who can afford to wear expensive summer gloves will choose a choice will prove the superiority of silk gloves are manufactured with mesh, through which the glove on the hand, stitching is essential to the smoothness of the glove. On the contrary, the present is proven of either no ornamentation or all or else a sort of "fussy" picked out in black. These are the general outline of the customary lines. Silk gloves are very short and of them turning back over the wrist a narrow cuff that broadens slightly at the back. Occasionally the cuff is black or white. Occasionally it will be seen decorated in black or broad as though the hand part of the glove were the hand part of the glove. It looks as though the hand part of the glove were the hand part of the glove.

Some of the prettiest collars and trimmings come ready made. One that I saw and admired very much was intended to be worn over a blouse of ponce or linen dress. It was in the form of a deep cape collar coming to the waist, and was a graduate, was blue linen marguerites edged with a mercedized rose. Those around the throat were scarcely larger than a cent piece, and the size gradually creased until the lower flowers were about two inches wide and a half diameter. The flowers were hung together in a lattice pattern, and plenty of open spaces to show the skin at the back and neck, and coming down to a point in front.

Discs of rolled tube braid looped together with the same material, were to make another very handsome yoke for a white mohair gown. It really is a very nice idea, and sets of these fancy collars, for achieve wonders in the way of variety and attractiveness to the gown.

In the realm of petticoats there never a time when more beautiful things could be found. The trend is for hand-embroidered effects, especially those worked with scalloped and fluted edges. If one has time these are easy to make at home, and they rapidly, too, but most women like to spend their days in ways that are profitable to them physically that ting down to an hour or two of work. Plain chamberlains and linen mixtures are chosen for sensible petticoats, and the button-edge is done in the same color as the material. Fine white batiste treated this style of needlework catches French convicts. The white material is very carefully and exquisitely done that only expert embroiderers attempt it.

In anticipation of hot weather there is scarcely more than a bit of it is offered to those who can afford to keep cool in ways that are profitable to them physically that ting down to an hour or two of work. Plain chamberlains and linen mixtures are chosen for sensible petticoats, and the button-edge is done in the same color as the material. Fine white batiste treated this style of needlework catches French convicts. The white material is very carefully and exquisitely done that only expert embroiderers attempt it.

For Treasures When Traveling

It is an old joke about the secret of making a journey comfortable when traveling, but no better one has been discovered for keeping one's things in order than to take a bag at the waist and worn under the skirt. A purse that is worn in the night the traveler woman wants to place more secure than her pillow. In the old days, the traveler woman (as is now a girl has made herself a set of washable linen cases that are smaller than the other and may be slipped into the larger one, may be bills, drafts, or the smaller compartment, and this in turn folded into the larger one, and the whole is long enough to go over the head. This is a very convenient arrangement, and is long enough to go over the head. This is a very convenient arrangement, and is long enough to go over the head. This is a very convenient arrangement, and is long enough to go over the head.

Gold Beads Again Popular.

novelties are very attractive, and another foreign exhibitor is making a specialty of art nouveau designs. Many of these are set with chrysoprase and amethysts. The former is a clear, beautiful green, while the latter is similar but has a mottled and cloudy appearance. Stick pins are popular souvenirs, and the deep green stones seen a little different from the general run of cheap novelties. For dressing table a hatpin vase is now made to solve the problem of long takes such a number of pins to keep a hat on, and, besides, one must possess a great variety of colors and styles for the summer hats, so that a small cushion could never be perambled to hold the entire collection. The hatpin vase usually comes in silver, it is a very pretty and artistic affair, with a slender stem and flat base. It stands about five inches high, and the top of it is a long plate that is stuck in its very heart. Hatpin vases are designed in the usual patterns of silver to match other dressing-table fittings.

A Belt Novelty.

There is a variation of the belt which makes a miniature braid belt, with a buckle. The newest of these are being made of genuine gold braid, and in exactly the same mesh as the gold braid. These rich-looking waist ornaments are especially handsome. One of the blackest was a fancy gold belt in pale gold enamel and dark green velvet. I doubt if there was a single belt like the braid and hold it in front and then let it crush down to the waist. It was a very pretty and artistic affair, with a slender stem and flat base. It stands about five inches high, and the top of it is a long plate that is stuck in its very heart. Hatpin vases are designed in the usual patterns of silver to match other dressing-table fittings.